

Creative Women's Workshop 2021

August 21, 2021 9AM to 2:30PM

Please mark four choices, numbering them 1 through 4, of classes you would like to take, starting with your first preference. And get ready for fun!

1. ____ **Tai Chi.** An ancient Chinese tradition, this graceful form of exercise has gentle, flowing motions, that will help reduce stress, improve flexibility and balance. It's serenity in motion! Perfect for anyone. Teacher: Denise Piechnik.
2. ____ **Kitchen Herbs.** Learn the history of cooking with herbs and create a Mason jar herb garden to take home and make delicious recipes of your own. Teacher: McKean County Master Gardener Pat Drummond-Colley.
3. ____ **Paper Roses.** Make amazingly realistic paper roses from the pages of old books. Simple and beautiful. Teacher: Janelle Nolan.
4. ____ **Learn to Crochet.** Crochet is a lifelong skill that you'll use to make beautiful and useful items. Learn the basics of crochet, the best type of yarns to use, the different size hooks, and how to read patterns. You'll practice different the basic crochet stitches and will create a swatch to take home. Teacher: Lynne Hobbs
5. ____ **Blacksmithing for Women.** Taught by Bruce Osgood, the Crook Farm's experienced blacksmith, women will use traditional skills and blacksmithing techniques to make a decorative iron letter opener. (Note: Class size is limited!)
6. ____ **Fall Fabric Wreath.** It's that time of year when autumn decorations make their appearance and you will create this colorful Fall wreath with strips of fabric that will look great on your front door. Teacher: Judy Yorks.
7. ____ **Wax Resist Watercolor Painting.** Crayons and white wax 'resist' watercolor paint for a special effect. Using simple watercolor paints, wax candles, and everyday crayons, you'll learn an easy and interesting technique in creating a charming painting. Teacher: Lynne Hobbs
8. ____ **Sew a Poke Bag.** Small cloth bags (called poke bags down south) come in handy for containing a craft project or your lunch or almost anything! Join us to sew a drawstring bag in under an hour. If you have a special fabric of your own that you'd like to use bring about 1/2 yard of each fabric. Teachers: Ann Ryan and Becca Hilsinger.
9. ____ **Klickety Klick Boxes.** Repurposing used two liter Coke bottles into cute little boxes is a great way to recycle plastic AND create a fun project. Popular in South Africa, where women have found employment making and selling these unique gift boxes in a world-wide market, this is truly ecofriendly. Teacher: Sally Costik

10. ____ **Arranging Wild Flowers.** Using native wild flowers, branches, leaves, and other natural materials, you'll learn the best way to arrange an attractive bouquet in a vase or other container. Tips on how to cut wildflowers and types of containers to use will help you create a floral masterpiece! Teacher: Rebecca Ryan.
11. ____ **Cyanotype Photograph Printing.** Cyanotypes is a historic method of exposing negatives using the UV rays from the sun, resulting in a cyan-blue print. We will explore using various items to create different effects, and negatives to achieve a unique photograph. Teacher: Sally Costik
12. ____ **Tatting, Needle.** Your grandmother probably was a tatter, creating that lacelike embroidery on handkerchiefs, pillowcases, and doilies. Needle tatting is a variation on the traditional shuttle tatting method and produces lovely results but is easier to learn. Learn an old fashioned but still popular craft! Teacher: Anne Bouquin.
13. ____ **Origami boxes.** Simple, fun, easy, and cute to make. And handy for holding small items, such as paper clips, candy, buttons, coins, jewelry – almost anything! Using colored wallpapers, you will learn how to fold boxes with ease. Teacher: Betty Hach

Name _____.

Address _____.

Phone _____.

Email _____.

Regarding Lunch, please check IF you are a vegetarian. We will take that into consideration when preparing lunch.

____ Turkey sandwich

____ Ham sandwich

____ Vegetarian

Total cost is \$42 per person, which includes four classes, all supplies, a delicious lunch and souvenir tote bag.

Reservations **MUST** be made in advance. Every effort will be made to group friends or family members into the same class, if requested.

All classes will be held at the Crook Farm, 476 Seaward Avenue. Parking is free, and restrooms are available.

Get ready for a great day and lots of fun!